

KNOW FAMILY VIOLENCE

**Are you or someone you know
living with family violence?**

**We're here to help -
talk to someone at church you trust**

Family Violence Response
and Referral Line: **1800 633 937**

1800RESPECT: **1800 737 732**

Lifeline: **13 11 14**

Mensline Australia: **1300 789 978**

Kids Helpline: **1800 551 800**



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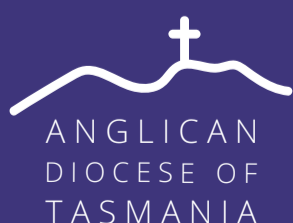
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Are you or someone you know living with family violence?

Does this person -

- control your access to money – **that's financial abuse**
- criticise or force you to act against your beliefs and culture, or misuse scripture to punish or control you – **that's spiritual abuse**
- control who you can see and when, cut you off from friends and family – **that's social isolation**
- constantly belittle or blame you – **that's verbal and emotional abuse**
- threaten to harm you, your children or your pets – **that's psychological abuse**
- physically harm or injure you – hit, punch or choke you – **that's physical abuse**
- force you to do sexual acts without consent – **that's sexual abuse**
- use technology to stalk, harass or embarrass you – **that's technology facilitated abuse.**

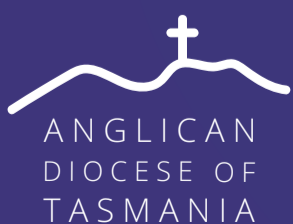
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Family violence covers forms of violence and abuse that may exist in the context of a significant relationship. It is a pattern of behaviour based on using power and control over another, causing fear and intimidation.

TALK TO SOMEONE AT
YOUR CHURCH YOU TRUST



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Abuse may include (but not limited to):

- **Financial abuse:** controls your access to finances, punishes you for spending, or provides money with “strings attached”
- **Spiritual abuse:** criticises your faith or culture, forces you to act against your beliefs, uses Scripture to control you and cuts you off from your church family
- **Social isolation:** cuts you off from family, friends or faith community
- **Verbal abuse:** criticises, belittles, and blames you
- **Emotional abuse:** manipulates and threatens you; causes you to live in fear and doubt yourself and your view of reality
- **Psychological abuse:** threats to harm you, or your children, family members or pets, threats to spread negative information about you, or threats to kill you
- **Physical abuse:** hits, punches, chokes or assaults you, damages property, harms your children or pets
- **Sexual abuse:** forces you to do sexual acts without your consent, controls decisions about reproduction
- **Harassment:** comes to your workplace uninvited, shows up at places unexpectedly, follows you
- **Image based abuse:** shares intimate images to humiliate and embarrass you
- **Technology abuse:** using technology to monitor you, constantly text or call to harass you, stalks you online or posts abusive messages

OUR CHURCH SAYS **NO** TO ABUSE.

We are here to help.

Speak to someone today or call **the Family Violence Response and Referral Line: 1800 633 937**

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